



<b>Course Category</b>	Wellness		
<b>Course Title</b>	IPTFA Sports Massage Therapy (Level 1) Instructor Certificate Course		
<b>Course Code</b>	BW018		
<b>Medium of Instruction</b>	Chinese		
<b>Duration</b>	15.0 hour(s)		
<b>Pre-requisites</b>	Age 17 or above		
<b>Course Fee</b>	Macao Resident: MOP3,430 (Exam Fee: MOP1,150) (Not Supported by DSEDJ Subsidy) Non-Macao Resident: MOP3,430 (Exam Fee: MOP1,150) (Not Supported by DSEDJ Subsidy)		
<b>Certificate</b>	Students who have attended no less than 70% of the class sessions will be eligible to attend the “IPTFA Sports Massage (Level 1) Professional Trainer Vocational Qualification Recognition Examination”.		
	<b>Course Code</b>	<b>Sub Code</b>	<b>Course Start Date</b>
	BW018	2401	2024/07/02
	<b>Course End Date</b>	2024/07/16	
	<b>Course Code</b>	<b>Sub Code</b>	<b>Registration Period</b>
	BW018	2401	2024/05/06 - 2024/06/21
			<b>Quota</b>
			20
<b>Outline</b>	<ul style="list-style-type: none"><li>• Human anatomy and physiology</li><li>• Introduction to sports massage</li><li>• Exercise physiology (cardiovascular and lymphatic systems)</li><li>• Basic techniques and applications of sports massage (trunk, upper and lower limb sports massage techniques)</li><li>• Massage technique combination for competitions</li><li>• Post-competition first aid</li><li>• Examples of competition massage procedures</li></ul>		
<b>Teacher</b>	Please refer to the schedule		
<b>Remarks</b>	Students are required to apply for the “IPTFA Sports Massage (Level 1) Professional Trainer Vocational Qualification Recognition Examination” when they are enrolled in the “IPTFA Sports Massage Therapy (Level 1) Instructor Certificate Course” (The examination fee is MOP1,150) (Not supported by DSEDJ Subsidy).  Exam Date and Time: 18 July 2024, 19:00-22:00		