



Course Category	Wellness			
Course Title	IPTFA Funky Aerobic Instructor Certificate Course			
Course Code	BW014			
Medium of Instruction	Chinese / English			
Duration	24.0 hour(s)			
Pre-requisites	Age 17 or above			
Course Fee	Macao Resident: MOP5,750 Non-Macao Resident: MOP5,750			
Certificate	Students who have obtained a passing grade of the course and attended no less than 70% of the class sessions for each subject will be issued a course certificate by UTM and a certificate by IPTFA. The passing grade of each examination is 70.			
	Course Code	Sub Code	Course Start Date	Course End Date
	BW014	2402	2024/05/07	2024/05/31
Outline	<ul style="list-style-type: none">•Concept of funky aerobics dance•Funky aerobics dance music elements and application•Funky aerobics dance techniques and cueing methods•Common injuries and prevention•Health management•Human anatomy and muscle physiology•Principles of weight loss by Funky aerobics dance•Programme design and choreography•Market study of the funky aerobics instructor industry			
Teacher	Please refer to the schedule			