



Course Category	Wellness			
Course Title	FAE Medical Fitness Trainer Certificate Course			
Course Code	BW009			
Medium of Instruction	Chinese			
Duration	50.0 hour(s)			
Pre-requisites	Has obtained IPTFA International Certificate in Bronze - Professional Personal Fitness Trainer Certificate or a foundation personal fitness trainer certificate from other training academies			
Course Fee	Macao Resident: MOP8,580 Non-Macao Resident: MOP8,580			
Certificate	Students who have attended no less than 70% of the class sessions and passed all the assessments will be issued a course certificate by UTM and a certificate co-issued by Fitness Academy Europe (FAE) and International Personal Trainers & Fitness Academy (IPTFA). The passing grade of the course is 70.			
	Course Code	Sub Code	Course Start Date	Course End Date
	BW009	2301	2023/09/27	2023/11/29
Outline	<ul style="list-style-type: none">• Anatomy and physiology for exercise and health• Common referral conditions• Professional practice for exercise referral instructors• Medical conditions for exercise referral• Principles of nutrition and physical activity• Referral programmes• Exercise instructions			
Teacher	Please refer to the schedule			