



THE  
**MICHELIN**  
GUIDE  
米芝蓮指南

HONG KONG | MACAU | 香港 澳門



## IFT Educational Restaurant 旅遊學院教學餐廳



Being part of the Institute for Tourism Studies means that while the head chef is a professional, most of his brigade and front of house team are students – and the pride they have in their work is palpable. The menu is a mix of European and Macanese dishes – presented in a modern style using herbs from their own garden. There's even the occasional Scandinavian touch (they cure their own salmon). On Friday nights they offer a Macanese buffet.

這家旅遊學院教學餐廳的廚房由專業廚師主理，團隊則由學生組成，供應多款歐陸及澳葡美食。其特色是採用多種自家種植的有機香草和蔬菜作食材，並以廚餘作肥料。非洲雞和乾炒免治肉碎都是推介菜式，別忘了試試這兒的甜品。團隊友善而專業，是遠離賭場喧囂的用膳好去處。逢周五供應澳葡自助晚餐。

TEL. 8598 3077

Colina de Mong-Há  
望廈山

[www.ift.edu.mo/pousada](http://www.ift.edu.mo/pousada)

■ PRICE 價錢

Lunch 午膳

set 套餐 MOP 200

à la carte 點菜 MOP 250-540

Dinner 晚膳

set 套餐 MOP 350

à la carte 點菜 MOP 250-540

■ OPENING HOURS 營業時間

Lunch 午膳 12:30-14:30 (L.O.)

Dinner 晚膳 19:00-22:00 (L.O.)

■ ANNUAL AND WEEKLY CLOSING 休息日期

Closed weekends and Public Holidays

週末及公眾假期休息



SIMPLE 簡樸

MAP 地圖 37/C-2

## Pousada de Mong-Há

望廈迎賓館



MACAU 澳門

A very good value hotel with a distinct difference – it is run by the Institute for Tourism Studies, so you will be welcomed at the desk by students learning their trade. The hotel benefits from a very peaceful position, away from the casinos and surrounded by a lovely garden. Its bedrooms may not be big but they are quiet and come with some nice Asian touches.

這家與眾不同的超值賓館由旅遊學院營運，因此全部服務員由學院的學生擔任，為你悉心服務。它位處寧靜的望廈山半山腰，遠離娛樂場的煩囂，更給可愛的花園重重圍繞。客房地方不算大，不過環境寧靜，設計帶有亞洲風格。教學餐廳是品嚐澳門美食的好去處。

TEL. 2851 5222

Colina de Mong-Há

望廈山

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RECOMMENDED RESTAURANTS 餐廳推薦

IFT Educational Restaurant

旅遊學院教學餐廳 🍽️ 🍷

♣️ = MOP 700-1,300

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Suites 套房 = MOP 1,300-1,800

☞ = MOP 140

Rooms 客房 16

Suites 套房 4

